



www.crossroadband.co.za

CrossRoad song discussions

I Know

There's a Light album

Track 6

Words and music by
Luke Powell (2017)

I wrote this song at a time when I was trying hard to turn away from things that weren't of God. There is so much information coming at us all the time - instant messaging, where most of us receive many messages a day on Whatsapp or SMSes; social media like Facebook and Twitter shaping the way we think and what we think about during the day; television shows available instantly with streaming services, and so on.

I realized that God was not the loudest voice in my head. The world was getting in the way. But when I changed my lifestyle so that the Word of God is what fills my mind, joy and peace came.

Listen to the song (words on the next page)
Then work through these questions:

Verse 1

- "This world, it can be so distracting"
 - **What distractions are present in your life, pulling your focus from God?**
 - Read Luke 10:40.
 - Are you sometimes distracted by *good* things and purposes?
 - Martha was distracted by her *planning*. Even though she was doing a good thing for God, she was distracted away from what really mattered: worship. Have you experienced this in your life?
- "My heart seems to twist and twist and turn"
 - The distractions in the world often *subtly* turn our hearts away from God.
 - Read Matthew 6:21.
 - **How does the world draw you away from God?** What things/experiences pull at your heart more than worship? These are things that we begin to *treasure* more than Jesus himself.
- "Some days I don't know what to believe anymore"
 - Read James 1:6.
 - **Have you ever gone through a period of doubt?** Are you going through one now?

Pre-chorus

- "So many voices in my head, telling me just what to do"
 - Here I was not thinking of actual voices whispering in my ear! But all the information I take in daily through tv, music, articles, social media, emails, and instant messaging tend to clog my mind up.
 - **Do you find that the wealth of information that is available confuses your faith?**
- "But when I hear Your voice instead, I find a life that's true"

- Again, I am not talking of an actual, but rather the Bible - Word of God. Do words from the Bible ever fill your mind during the day?
- Read Psalm 1:1-2, and Joshua 1:8.
- **Do you meditate on the Word of God "day and night"?** Or do you perhaps read a verse or two in the morning, and spend the rest of the day meditating on *other things*? What type of things fill your thoughts?
- What promises does the writer of Psalm 1 make for those who meditate of God's Word daily and nightly?
- **Do you read the Bible with the intent to meditate on it throughout the day?** How can we read our Bibles with this purpose in mind?

Chorus

The chorus is a series of statements about who God is. These are statements to *meditate* on - to replace the noise and voices of the world that try to get into your mind.

- "I know that my God is always faithful"
 - Read Deuteronomy 7:9, and 1 Corinthians 1:7-9.
 - **How has God been faithful in your life?**
 - What is the opposite of faithful?
- "I know that He's forgiven me, and set me free"
 - Read Psalm 103:10-12 and Ephesians 1:7.
 - In whom do we find forgiveness?
 - **Have you received the grace of God, and had your sins forgiven? What does it feels like?**
 - Read Luke 4:18. Who are the "oppressed" Jesus is talking about?
 - In what way has Jesus set you free? What from?
- "I know that His love and grace surround me"
 - Read Psalm 32:10.
 - St Patrick famously said:
*"Christ with me, Christ before me, Christ behind me,
 Christ in me, Christ beneath me, Christ above me,
 Christ on my right, Christ on my left,
 Christ where I lie, Christ where I sit, Christ where I arise"*
Do you have a sense of God's presence with you during your average day-to-day life?
- "And He'll be by my side every day and night, eternally... I know"
 - Read 2 Tim 4:17.
 - God is *by your side* as you go through life. What does this mean to you? **Does it make you more confident? Does it make you uncomfortable?**

Verse 2

- "This world has got nothing left to offer, no"
 - Compare this line with the first line of Verse 1. What's the difference? What has changed? Why has it changed?
 - Read James 4:4. **How are we to be in the world, and yet not friends with the world?**
 - Has your love for Jesus made the voices of the world (certain tv, music, social media etc) less appealing? Should it?

- “My heart, it belongs to God alone”
 - Compare this line with the second line of Verse 1. What’s the difference? What has changed? Why has it changed?
 - **Does your heart belong to God *alone*?** Or are you torn between giving your heart fully to God and still letting those voices of the world play a part in your life?
- “Deep down I desire to follow Jesus always”
 - **Do you *desire* to follow Jesus? Would you do it if nobody else in your circles did?**
 - Read Psalm 37:4.
 - Can you see the link between *delighting* in God and being giving your heart’s *desire*? It’s only when HE becomes the thing you enjoy the most, that you find satisfaction.

Ending

The song ends with the same sections being repeated. But let’s focus on the main phrase of the chorus, and the title of the song “I know”.

- **How do you *know* that God is who He says He is?** How have you come to *know* the truth?
- Read Psalm 46:10.
- **How does *knowing* God happen in quiet and stillness?**

Listen to the song again, thinking about the words.

Key focus: What main point are you going to take away from today?

Spend some time in prayer.

- Pray against the distractions in your life which take you away from Him.
- Pray that you don’t make the same mistake Martha did.
- Ask God to hold your heart, and prevent it from twisting and turning to the sights and sounds of the world.
- Ask God to strengthen your faith, that your beliefs in Him would not waver.
- Resolve to read the Word of God with the purpose of *meditating* on it throughout the day. Ask God for his supernatural help to do this.
- Praise and thank God for his faithfulness.
- Praise and thank God for His grace and the forgiveness of sins in Jesus.
- Thank God for *surrounding* you with His love, and ask for a greater *awareness* of His presence.
- Ask God to deepen your desire for Him.

For the week ahead:

Take some time in the week to come to *be still and know* that He is God. There is power in the stillness and in the quiet. Let him *speak* to you in the stillness - as the voices of the world dim down and you come to experience His goodness and faithfulness again.

I Know

Words and music by Luke Powell

This world it can be so distracting
My heart seems to twist and twist and turn
Some days I don't know what to believe anymore

*So many voices in my head telling me just what to do
But when I hear Your voice instead I find a life that's true*

**I know that my God is always faithful
I know that He's forgiven me and set me free
I know that His love and grace surround me
And He'll be by my side every day and night, eternally
I know**

This world has got nothing left to offer
My heart, it belongs to God alone
Deep down I desire to follow Jesus always

*So many voices in my head telling me just what to do
But when I hear Your voice instead I find a life that's true*

**I know that my God is always faithful
I know that He's forgiven me and set me free
I know that His love and grace surround me
And He'll be by my side every day and night, eternally
I know**